

WHAT IS CLAIMED IS:

1        1. A bone anchor, comprising:

2                an anchor body configured to be retained within bone and to selectively restrict  
3                movement of a flexible member coupled thereto such that after implantation, the flexible  
4                member can be moved through the anchor body in a first direction while, without the aid of  
5                an enlarged portion on the flexible member, movement in a second, opposite direction can be  
6                restricted.

1        2. The bone anchor of claim 1 further comprising a restrictor configured to engage  
2                the flexible member to selectively restrict movement of the flexible member.

1        3. The bone anchor of claim 2 wherein the restrictor is configured to engage the  
2                flexible member at a substantially arbitrary position along a length of the flexible member.

1        4. The bone anchor of claim 1 wherein the anchor body defines an opening through  
2                which the flexible member can be moved.

1        5. The bone anchor of claim 4 further comprising a restrictor configured to engage  
2                the flexible member to selectively restrict passage of the flexible member through the  
3                opening.

1        6. The bone anchor of claim 5 wherein the restrictor defines at least a part of the  
2                opening.

1        7. The bone anchor of claim 6 wherein the restrictor defines a narrower portion of the  
2                opening than another portion of the opening.

1        8. The bone anchor of claim 5 wherein the restrictor includes a sloped surface  
2                configured to compress the flexible member to permit passage of the flexible member  
3                through the opening.

1        9. The bone anchor of claim 5 wherein the restrictor includes opposing edges for  
2                engaging the flexible member to restrict passage of the flexible member through the opening.

1       10. The bone anchor of claim 5 further comprises a second restrictor configured to  
2       engage the flexible member to selectively restrict passage of the flexible member through the  
3       opening.

1       11. The bone anchor of claim 10 wherein the restrictors are oppositely directed.

1       12. The bone anchor of claim 1 wherein the anchor body includes a pair of legs.

1       13. The bone anchor of claim 1 wherein the anchor body includes a bone-engaging  
2       ridge for retaining the bone anchor in a bone hole.

1       14. The bone anchor of claim 1 wherein said anchor body comprises a unitary body.

1       15. The bone anchor of claim 1 wherein said anchor body includes a post about  
2       which the flexible member is positionable.

1       16. A tissue repair system, comprising:

2       a first anchor body including a member that engages bone to retain the anchor within  
3       the bone, the first anchor body defining an opening for receiving suture and a restrictor  
4       forming a one-way passage through the opening,

5       a second anchor body including a member that engages bone to retain the anchor  
6       within the bone, the second anchor body defining an opening for receiving suture and a  
7       restrictor forming a one-way passage through the second anchor body opening, and

8       suture coupling the first and second anchor bodies, the suture extending through the  
9       one-way passages.

1       17. A bone anchor, comprising:

2       an anchor body configured to be retained within bone and to receive a flexible  
3       member such that after implantation of the anchor body within bone, the flexible member can  
4       be moved through the anchor body while, without the aid of an enlarged portion on the  
5       flexible member, subsequent movement of the anchor body can be restricted.

1       18. A tissue repair system, comprising:

2       a flexible member, and

3                   first and second bone anchors coupled together by the flexible member, each bone  
4                   anchor including an anchor body configured to be retained within bone, at least one of the  
5                   bone anchors configured to receive the flexible member such that the flexible member can be  
6                   pulled to shorten a length of the flexible member between the bone anchors, while, without  
7                   the aid of an enlarged portion on the flexible member, subsequent lengthening of the flexible  
8                   member between the bone anchors can be restricted.

1                   19. A bone anchor comprising:

2                   an anchor body configured to be retained within bone, the anchor body defining a  
3                   one-way passage configured to pass a suture in a first direction and restrict passage of the  
4                   suture in a second direction opposite the first direction.

1                   20. The bone anchor of claim 19 further comprising a restrictor defining the one-way  
2                   passage.

1                   21. The bone anchor of claim 20 wherein the restrictor includes a sloped surface  
2                   configured to compress the suture to permit passage of the suture through the one-way  
3                   passage.

1                   22. The bone anchor of claim 20 wherein the restrictor includes opposing edges for  
2                   engaging the flexible member to restrict passage of the flexible member through the one-way  
3                   passage.

1                   23. A bone anchor comprising:

2                   an anchor body configured to be retained within bone, the anchor body including a  
3                   restrictor defining an opening having a first portion for permitting passage of a member  
4                   therethrough, and a second portion restricting passage of the member therethrough without  
5                   the aid of an enlarged portion on the member.

1                   24. A method comprising:

2                   placing an anchor in bone,  
3                   moving a flexible member through the anchor in a first direction, and  
4                   restricting movement of the flexible member through the anchor in a second, opposite  
5                   direction.

1           25. The method of claim 24 further comprising placing a second anchor in bone, the  
2           second anchor being coupled to the first anchor by the flexible member, wherein the step of  
3           moving the flexible member in the first direction shortens a length of the flexible member  
4           between the anchors.